

EDUCATION, COUNSELING (EDCO)

EDCO 2004 - Healthy Relationships: Understanding Self and Others (3 credits)

Basic concepts, skills, and theory associated with creating and sustaining healthy relationships in social and professional settings. Self-awareness as it relates to relationship-building. Characteristics and identities of self and others as they relate to relationship-building. Relationship-building skills such as active listening, perspective taking, and empathy.

Pathway Concept Area(s): 3 Reasoning in Social Sciences, 7 Identity & Equity in U.S., 11 Intercultural&Global Aware.

Instructional Contact Hours: (3 Lec, 3 Crd)

EDCO 2984 - Special Study (1-19 credits)

Instructional Contact Hours: Variable credit course